

# Physical Education Governors Report

Summer 2025

## Overview

The purpose of this document is to provide an update as to the current status of Physical Education at The Cathedral School of St Mary.

## Physical Education

At The Cathedral School, we aspire to provide every child with high quality, engaging provision for Physical Education.

This year, staff have worked in partnership with Plymouth Albion RFC, Plymouth Argyle, Joola Sports, SUP Plymouth and The Plymouth Schools Sports Partnership with whom we deliver a range of experiences across the sports disciplines.

Children enjoy a range of sporting activities, both in lesson time and through extra curricular activities.

We celebrate where we live and ensure that children have access to the skills necessary to make the most of living in a city between the Dartmoor National Park and the Plymouth Sound National Marine Park. To this end, we ensure that our children have opportunities to engage in swimming lessons, and OAA activities through experiences such as the years 4 and 6

residential, the Junior Ten Tors and other opportunities through the Plymouth Schools Sports Partnership.

We celebrate that sport is a challenge and a competition and that whilst winning and losing are part of sport, sportsmanship and personal challenge is the most important. In support of this, the children have access to a range of competitions through the School Games programme. We also build links with our sister school to provide additional intrahouse opportunities.

We aim for our children to leave our school with an awareness of the skills needed to develop a love of physical education in future life, as well as an understanding of their own personal expectations.

## Quality of Teaching and Learning

Staff have been monitored several times over the course of the year. Monitoring showed a need in some areas to develop an understanding of delivering skills rather than discipline-based lessons within PE. The implementation and subsequent training of the Primary PE Passport scheme of work has helped to address this and we continue to support those staff in need of further development. At present, 60% of children are working at or exceeding the expected level. We have placed significant focus on the development of physical literacy as a tool of ensuring that children are more active throughout the day.

This year, a substantial proportion of our Sports Premium has been spent on the training of a Sports Apprentice who, having successfully completed their training will now be staying on to continue supporting the teaching of PE across the school.

## Events

The school has taken part in the following events:

- Cross Country
- Indoor Athletics
- RC Schools SEND Archery
- DM Football - EFL Kids Cup
- DM Football - Girls Bettison Cup
- Primary Inclusion Kurling
- Netball Development Festival
- Inclusion Football
- Inclusion Boccia
- DM Football - Bettison Cup
- Indoor Athletics
- Indoor Athletics
- DM - LKS2 Cup Day
- DM Football - Girls Bettison Cup
- Girls Football
- Rowing
- Quad Kids
- Schools Challenge
- Tag Rugby Development Festival
- Tag Rugby Competitive Festival
- Quad Kids
- Brickfields Athletics
- Mini Red Tennis
- Tri Golf
- Super 6 Golf

This is a total of 27 competitive events for the 2024/2025 academic year.

## Sports Premium

The school received £16,950 for the 2024/2025 Sports Premium fund of which all has been spent.

A breakdown of the monies spent is presented below:

Category	Specific Area	Example	Autumn (£)	Spring (£)	Summer (£)	Yearly (£)
CPD	External training courses	PE conference or external provider training				
	upskilling staff to deliver swimming lessons	Swim England course for staff				
	Internal learning and development	Staff PE twilight sessions	8315.99			
	Inter-school development sessions	Joint training with local schools				
	Online training/resource development	Webinars or modules completed online				
	External Coaches supporting confidence and competence	Upskilling teachers by team teaching in PE				
	<b>Total CPD Spend</b>		8315.99	0	0	8315.99
Internal Activities	School-based extra-curricular clubs	Lunchtime or after-school clubs	350			
	Internal sports competitions	Sports day, house tournaments				
	Top-up swimming/broadening aquatic opportunities	Targeted swimming for Year 6				
	Active travel initiatives	Walk to school campaign				
	Equipment and resources	PE equipment: balls, nets, bibs	607.93			

	Membership fees	afPE, YST	5450			
	Educational platforms and resources	Digital curriculum resources				
	<b>Total Internal Spend</b>		6407.93	0	0	6407.93
<b>External Activities</b>	Organised by SGOs	Festivals, workshops, or CPD by SGO				
	Other inter-school sports competitions	Competitions organised by SGO	2226.08			
	External coaching staff	Hired coaches for specific sports				
	<b>Total External Spend</b>		2226.08	0	0	2226.08
<b>Overall Totals</b>	<b>Total Funding Received</b>	(Insert total from DfE)				16950
	<b>Total PE &amp; Sport Premium Spend</b>		16950	0	0	16950
	<b>Total Remaining</b>					0

## Extra-Curricular Sports Clubs

Over the course of the year we have offered the following sports clubs: KS2 Tag Rugby, KS1 Football and LKS2 Rugby.

## Areas for Development 2025/2026

- Improved opportunities for fully subsidised clubs
- Improve the quality of teaching and learning to ensure that more children achieve ARE or greater.
- To provide additional opportunities for children in UKS2 to achieve the expected standard in swimming.